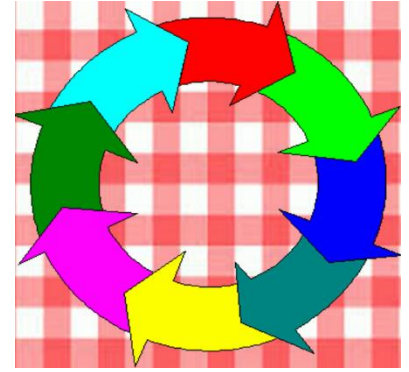


Who should utilize this video?

- Anyone with problems with eyes working together
- Anyone with muscle weakness in one or both eyes

What you will need:

- A large screen, such as a computer or tablet is preferred (a phone will work if it is the only option)
- Eye patch or a way to cover one eye (you can use one hand to cover your eye)

**How do I access the video?**

- Please Visit: <https://vimeo.com/showcase/8086700>
- Passcode: shep2233

If at any time during these exercises you experience an increase in pain, headache, or dizziness, take a break and let your therapist or healthcare provider know.

Disclaimer: *This exercise video has been recommended by your therapist/provider. If you have had a change in physical/medical status since working with your therapist, please contact your current medical provider before resuming this exercise program.*

Additional Comments: